



INTERNATIONAL ORIENTEERING FEDERATION



# **EGK European Orienteering Championships**

## **WORLD CUP 2021 Round #1 SUI**

**Neuchâtel/Switzerland, 13 - 16 May 2021**

# **COVID-19 EVENT BULLETIN**

22 April 2021, Version 2.0



## **WELCOME TO NEUCHÂTEL**

Dear athletes and team officials

These are special times, but it's also time for the sport of orienteering to get back on the stage.

We understand that you want to be well prepared for the races and perform at your very best during the competitions. Therefore, we think it is important that you can train and compete the days before EOC 2021 to be ready.

For the event it is of great importance that you follow the advice contained in this document the days before and during EOC to ensure that you are tested negative, when coming to Neuchâtel, for the tests to get your accreditation, and to be able to participate in all the races.

**Please consider** what the impact for you and for the sport of orienteering can be:

- It is for your own safety not to risk getting infected and to test positive before the event (you would not be allowed to travel then) or at accreditation or during the event (with a possible quarantine time in Switzerland).
- If you test positive, you risk that your whole team will be excluded from the races if there has not been any clear separation within the team.
- The whole event can be in danger if we have positive cases in several teams or a hot-spot during the event. The local authorities could then stop the whole event and the image loss for orienteering in general would be significant.

Thank you for your collaboration and see you in Neuchâtel!

Matthias Niggli

Event Director EGK European Orienteering Championships

## **Covid-19 contact persons**

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Medical officer: Alexandra Wilhem, +41 79 317 21 05

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Contact address: [covid@ol-weltcup.ch](mailto:covid@ol-weltcup.ch)

## General conditions related to Covid-19

### General advices from WHO at any time:

- Keep distance, stay at least 1.5 metre away from others, even if they do not appear to be sick.
- Wear a mask, especially when you cannot physically distance.
- Manage your risks by thinking about the location and setting of the event, proximity to others and time you will be at the event.
- Avoid crowded places and activities, poorly ventilated indoor locations, and prolonged contact with others.
- Open windows when indoors to increase the amount of outdoor air.
- Avoid touching surfaces, especially in public settings, because someone with COVID-19 could have touched them before. Clean surfaces regularly with standard disinfectants.
- Frequently clean your hands with soap and water, or an alcohol-based hand rub. If you can, carry alcohol-based rub with you and use it often.
- Cover your coughs and sneezes with a bent elbow or tissue, throwing used tissues into a closed bin right away. Then wash your hands or use an alcohol-based hand rub.

Our aim is to reduce the number of people and contacts to minimize the risk of infection among participants and organizers. Therefore, we want to create and maintain a safe so-called competition isolation “Bubble”, with teams, organizers, officials and media representatives who will all have been tested negative for Covid-19. This means that once in the bubble, external contacts, as well as contacts between groups within the bubble, shall be limited or eliminated where possible.

With the [actual pandemic rules of Switzerland](#), all competitors and support staff travelling by plane must show a negative COVID-19 test by PCR conducted no more than 72 hours before entering Switzerland. This procedure is defined by the authorities and is subject to changes. Please update yourself before your travel to Switzerland

As the participants enter Switzerland for compelling professional reasons and the visit cannot be postponed, athletes and coaches get an exception from the quarantine requirements when entering Switzerland. We will send a confirmation to all entered teams in advance of their travel.

[Covid-19 Bulletin](#) of the International Orienteering Federation

[Actual pandemic rules of Switzerland](#)

## Recommendations and obligations prior to the event

All participants and organizers are urged to limit unnecessary contacts (including events, training camps, contacts, studies or work) from 10 days before the start of the competition at the event (i.e. self-isolation from 1 May 2021).

The event program includes an online team officials’ meeting on Thursday, 29 April 2021 at 17:00 CET. We would like to have all team leaders at this meeting. Invitation will be sent by the IOF, the meeting will be held by Tom Hollowell, CEO of the IOF.

**Advices from the IOF and the organizers from 10 days before the event/departure to Switzerland:**

- Practice home-working if you have the possibility.
- limit external contacts and contacts with other groups.
- You may train and compete to be well prepared for EOC. Train in small groups and/or within the same group and avoid open trainings. Keep distance to other persons before and after training.
- If you take part at competitions, these competitions need a COVID-protocol which you have to follow.
- Be aware that the risk of getting infected is elevated during travelling, at the assembly point and in discussions with teammates before and after trainings and competitions. Wear masks during these activities. During the training/competition itself, there the risk is reduced as there is enough space and fresh air.
- Avoid changing rooms and common showers, travel directly to the training/competition and return immediately.
- Avoid discussions after the finish line with your teammates, make an online meeting afterwards to recap your experiences or discuss it afterwards while keeping distance between you.
- If you have any symptoms, stay at home/in your room and isolate from other persons and teammates.

## **Test procedure for getting accreditation**

To get accredited for the competitions, all competitors and support staff living and being together with the team must go through the following procedure:

- With the name entry on IOF Eventor you accept the following rules:
  - I have read, understood and will follow all rules and regulations given in the specific Covid-19 bulletins and information on Eventor. I will also follow any further rules and instructions given by the organizer. I accept that these rules are valid as additional rules for the event as per IOF Competition Rules §2.5.
  - I will report any potential signs or symptoms of illness to the Covid Task Force.
  - I understand that a positive test result may lead to isolation in Switzerland for several days and at own expense.
  - I understand that intentional breach of any rules may lead to exclusion from EOC and future IOF events.
  - My test results will be sent to me, but also directly to the organizer to be able to get my accreditation for the event.
- Latest at the name entry (3 May 2021 on IOF Eventor), all teams, participants and officials have to fill in additional information (e.g. date of birth, e-mail address, mobile phone number, passport number,...) in an online form. Links with login information will be sent to all participating teams.
- Please inform the organizer about your arrival time, preferred testing place and time, and about your detailed address of the accommodation by 3 May at the latest. Send an e-mail to [covid@ol-weltcup.ch](mailto:covid@ol-weltcup.ch) with this information.

- Before entering to Switzerland, every person must fill in the entry form from Swiss government: <https://swissplf.admin.ch/home>
- At the border you might be asked about your purpose of the stay. We strongly recommend having these documents at hand:
  - A printed confirmation of “being a professional athlete or member of the national team” from your federation in English, German or French.
  - The document with the exception for the quarantine requirements with your name and travel dates on it.

Both documents can be made for the whole team (including a list with all names) or on individual basis.

- You need an official, negative PCR-test made within the last 6 days before your arrival for the PCR- test together with the accreditation in Neuchâtel (e.g: if you are tested 11 May, the previous test has to be on 5 May or later). This test has to be sent digitally (PDF or picture) to [covid@ol-weltcup.ch](mailto:covid@ol-weltcup.ch) either individually or teamwise.
- If having had Covid-19, you must bring a documentation of previous PCR-test and a medical certificate to show that you are healthy again (easiest is to send your documentation before to [covid@ol-weltcup.ch](mailto:covid@ol-weltcup.ch)).
- You must perform a COVID-19 test using the PCR method irrespective of any other test just before EOC starts. It's compulsory to respect self-isolation until the test result arrives. These tests will be organized by the organizer, the cost of the tests must be paid by the teams themselves. The price is CHF 80.-/test and will be charged teamwise after EOC and paid by bank transfer by the teams.

These tests will take place on Tuesday afternoon and Wednesday morning, 11 and 12 May 2021:

11 May 2021	09:00-18:00	Minigolf Maladière, Neuchâtel
11 May 2021	18:30-20:30	Accommodation Le Camp, Vaumarcus
12 May 2021	09:00-12:00	Minigolf Maladière, Neuchâtel
12 May 2021	09:00-12:00	Accommodation Le Camp, Vaumarcus

Access to the test centre Minigolf Maladière will be described in EOC Bulletin 4.

That means that all registered competitors and support staff must arrive in Neuchâtel no later than Wednesday 12:00. Exceptions must be discussed with the organizer in advance.

Until one receives the test result, self-isolation is required (at the accommodation). It will not be possible to visit training areas.

Upon receipt of a negative test result, the participants will receive accreditation and may start with competition related activities (trainings etc.). Test results should be available within 3-6h after the test was taken, or overnight for tests taken in late afternoon/evening.

## Team officials' meetings

No physical team officials' meeting will be held. The team officials' meeting on Thursday, 29 April 2021 and on Wednesday, 12 May 2021 will be held online. All other information is included in Bulletin 4 or will be published on Eventor (e.g. start lists, weather forecast).

## Accommodation and transport

Teams are spread out in several accommodations. The same “bubble” rules apply to all teams, whether they are using accommodations booked via the organizers, or accommodations they booked on their own. This “virtual bubble” needs a high degree of individual responsibility. It is only allowed to practice competition-related activities (e.g. training, model event). All out-of-competition contacts must be avoided. It is forbidden for all members of a participating team to leave the competition area or the accommodation unless it is absolutely unavoidable.

The teams are responsible for all travels to and from the competition areas and they must plan the means of transport in order to avoid long waiting times in the Start and Finish areas. Avoid journeys by public transport.

## Behavior during the event

- Stay only in your accommodation, at the competitions or on the direct route in between.
- Do not mix accommodation or subgroups if possible.
- No further contacts and activities such as shopping, visits, sight-seeing, etc.
- Avoid body contact.

### Hygiene measures

- Wash hands as often as possible (before/after training/competitions, before meals, when visiting sanitary facilities,...)
- Disinfect hands: Entry to quarantines, arenas, etc.

### Hygiene masks

- General wearing obligation applies:
- In closed indoor spaces (including tents, cars, vehicles,...).
- In the accommodations, quarantines and arenas.
- Outdoor, when a distance of 1.5 m cannot be maintained over the long term
- During meetings / instructions.
- Outdoor, if in the picture of the cameras after the races.

### Exceptions to the obligation to wear a mask

- Athletes in the warm-up / cool-down area, pre-start area, competition and during training.
- While drinking or eating/during meals.
- Accommodation: in the room (distance, if possible)

### Travel / transport

- Travel in small groups if possible, avoid public transport.
- Travel with the same persons/room partners (masks!).

### What to do if symptoms occur on site during EOC

- Isolation in the accommodation
- Information to COVID doctor Alexandra Wilhem, mobile: +41 79 317 21 05, Email: awilhem@bluewin.ch
- Clarification of the further procedure by the COVID doctor together with the regional authorities
- Other (test, isolation, ...) according to the specifications of the COVID doctor

## PCR-test to travel home

If you need a PCR-test for travelling home, there is a test possibility on Saturday, 15 May 2021.

Location: Minigolf Maladière, Neuchâtel.

09:00-11:30 Team members not qualified for the Knock-out quarter final.

11:30-12:30 Athletes qualified for the Knock-out quarter final.

12:30-15:00 Team members not qualified for the Knock-out quarter final.

Please inform [covid@ol-weltcup.ch](mailto:covid@ol-weltcup.ch) together with the arrival and accommodation information about how many persons will make a test on Saturday.

Costs are CHF 80.- and will be charged teamwise after EOC.

## Summary: to do in advance

- Be careful and stay healthy the last 10 days before the event.
- Fill in all information in the online form sent to the federations by 3 May 2021.
- Give information about arrival time, accommodation, preferred testing time and place and needed test for travelling home by 3 May 2021 ([covid@ol-weltcup.ch](mailto:covid@ol-weltcup.ch)).
- Carry out a PCR-test before arriving at Neuchâtel, and not later than 6 days before the PCR-test prior to accreditation and send the confirmation/picture to [covid@ol-weltcup.ch](mailto:covid@ol-weltcup.ch).
- Don't forget to train and prepare despite all Covid-19 measures.

Thank you for your collaboration and see you in Neuchâtel!



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